



# 2024 November

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
		28	29	30	31	1
Breakfast						Morning Glory Muffins, Banana & Milk
Lunch						Calico Beans, Roasted Cauliflower, Orange Slices, Enriched French Baguette and Milk
Snack						*Mandarin Oranges Broccoli, Cauliflower & Goldfish
		4	5	6	7	8
Breakfast		WGR Oatmeal, Raisins & Milk	HM WGR Pancakes, Mixed Berries & Milk	KIX, Oranges & Milk *Mandarin Oranges	Scrambled Eggs, Bananas & Milk	WGR English Muffins, Blueberries & Strawberries & Milk
Lunch		Beef Stroganoff w/ Egg Noodles, Sauteed Zucchini, Sliced Pears and Milk	Grilled Cheese on WGR Bread, Tomato Soup, Roasted Cauliflower and Milk	Chicken Gyros w/ Pita Bread, Cucumber and Tomato Salad, Cantaloupe and Milk	Lemon Basil Chicken, Enriched Orzo Pasta, Mixed Veggies, Mixed Berries w/ Cantaloupe & Milk	BBQ Pulled Pork on WGR Bread, Coleslaw, Watermelon & Milk
Snack		Cheese Sticks & WGR Wheat Thins	Pita Bread & Hummus	Apple slices, & Graham Crackers	WGR Savoritz Crackers & Baby Carrots	Goldfish w/ mixed fresh fruit & Cheese sticks
		11	12	13	14	15
Breakfast		WGR KIX, Banana & Milk	HM WGR Pancakes, Mixed Berries & Milk	Yogurts, Peaches, Granola & Milk	WGR Cheerios, Apple Slices, & Milk	WGR Oatmeal, Rasins, Bananas & Milk
Lunch		Kiabasa & Chicken w/ Roasted Peppers, Onion & Zucchini, WGR Brown Rice, Pineapple & Milk	Chicken Avacado Sandwiches on WGR Bread, Cucumbers, Clementine, & Milk	Beef Tacos, Corn Tortilla, Roasted Corn, Mango & Milk	Mac N' Cheese, Roasted Broccoli, Canteloupe & Milk	Roasted Chicken & Baby Carrots, Pears, WGR Bread & Milk
Snack		Graham Crackers & Banana	Cheese Quesadillas WGR & Salsa	Pineapple & Graham Crackers	WGR Wheat Thins & Cucumbers	*Roasted Baby Carrots Go Gurt & Graham Crackers
		18	19	20	21	22
Breakfast		Oatmeal, Bananas & Milk	HM WGR Pancakes, Mixed Berries & Milk	WGR English Muffins, Kiwi & Milk	Scrambled Eggs, Hashbrowns & Milk	WGR Bagels, Oranges & Milk
Lunch		Tilapia w/ Tartar Sauce, WGR Bread, Green Beans, Pears and Milk	Pizza Bake w WGR Penne Noodles, Chicken Breast, Broccoli, Honeydew, & Milk	Turkey, Stuffing, Au Gratin Potatoes, Apple Slices and Milk *Softened Apple Slices	Pot Roast, Baked Potatoes & Carrots, WGR Dinner Roll & Milk	Lemon Basil Chicken, Orzo Pasta, Asparagus, Peaches and Milk
Snack		Pineapple & Animal Crackers	Cheese Sticks & WGR Woven Crackers	Yogurt, Granola, & Watermelon	Fruit Smoothie & Graham Crackers	Cheese Quesadillas WGR & Salsa
		25	26	27	28	29
Breakfast		WGR Cheerios, Bananas & Milk	WGR Pancakes, Mixed Berries & Milk	WGR Oatmeal, Raisins & Milk		
Lunch		Chickapea Pot Pie filling w/ Biscuit, Carrots, Apples & Milk	Beef Tacos on WGR Corn Tortilla, Zucchini, Pineapple and Milk	WGR Spaghetti with Beef Meatballs, Steamed Broccoli, Pears and Milk	NO SCHOOL	NO SCHOOL
Snack		Bread Stick, & Cheese Sticks	Graham Cracker, & Mandarin Oranges	Pita & Hummus		
<p>*Milk is served at both Breakfast and Lunch. Whole Milk for children 1-2 years old, Skim Milk for children ages 2-5            * Red Font indicates a toddler or infant alternative            *WGR= Whole Grain Rich HM= Home Made            Meal Patterns and Serving Sizes are posted in each classroom and in the kitchen on the freezer.</p>						