



November 2024 Breakfast & Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Breakfast: WG Corn Flakes Cereal, Mangos, & Milk Snack: Graham Crackers & Oranges
4 Breakfast: WG Raisin Bran Cereal, Peaches, & Milk Snack: Yogurt & Graham Crackers	5 Breakfast: Cinamon Toast (WG), Blueberries, & Milk Snack: String Cheese & WG Crackers	6 Breakfast: WG Multi Grain Cheerios Cereal, Pineapple, & Milk Snack: Applesauce & Graham Crackers	7 Breakfast: Oatmeal Bars, Cantaloupe, & Milk Snack: Cottage Cheese & Pears	8 Breakfast: WG Special K, Mandarin Oranges & Milk Snack: Broccoli & Cauliflower, Wheat Crackers
11 Breakfast: WG Corn Flakes Cereal, Mangos, & Milk Snack: Bananas & Graham Crackers	12 Breakfast: 100% WW Toast, Sausage, Pears & Milk Snack: Crackers & Cucumbers	13 Breakfast: WG Multi Grain Cheerios Cereal, Tropical Fruit, & Milk Snack: Pineapple & Graham Crackers	14 Breakfast: 100% WW Tortilla, Eggs & Ham Burrito, Watermelon & Milk Snack: Turkey & Cheese with Crackers	15 Breakfast: WG Corn Flakes Cereal, Mangos & Milk Snack: Sun Butter Graham Crackers
18 Breakfast: WG KIX Cereal, Peaches, & Milk Snack: Apples & Cheese Slices	19 Breakfast: 100% WW Bagel, Kiwi, & Milk Snack: Yogurt & Graham Crackers	20 Breakfast: WG Multi Grain Cheerios Cereal, Banana, & Milk Snack: Sun Butter Sandwiches	21 Breakfast: 100% WW Ham & Cheese Sandwiches, Applesauce & Milk Snack: Hardboiled egg, Crackers	22 Breakfast: WG Oat Square Cereal, Pineapple & Milk Snack: Cucumbers, Carrots, Crackers & Hummus
25 Breakfast: WG Corn Flakes Cereal, Mandarin Oranges, & Milk Snack: 100% WW Bread Turkey Sandwiches	26 Breakfast: 100% WW Bread, Hashbrown, Blueberries, & Milk Snack: Tomato Soup & Goldfish Crackers	27 Breakfast: WG Life Cereal, Tropical Fruit, & Milk Snack: Cheese Quesadilla (WG) Tortilla	28 CLOSED	29 CLOSED

Nutritional Notes:

- All pastas and bread are 100% Whole Wheat.
- Yogurt contains no more than 23 grams of sugar per 6 oz.
- All cereal served is fortified or contains more than 51% whole grains & no more than 21 grams of sugar per 100 grams.
- Fruits & Cereal are subject to change due to availability.
- WW = Whole Wheat
WG = Whole Grain
- 2 years and older skim milk