



July 2024 Breakfast & Snack Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Breakfast: KIX Cereal, Peaches, & Milk</p> <p>Snack: Apples & Cheese Slices</p> <p>1</p>	<p>Breakfast: 100% WW Bagels, Kiwi & Milk</p> <p>Snack: Yogurt & Graham Crackers</p> <p>2</p>	<p>Breakfast: WG Multi Grain Cheerios Cereal, Bananas & Milk</p> <p>Snack: Sun Butter Sandwiches</p> <p>3</p>	<p>CLOSED Happy 4th of July</p> <p>4</p>	<p>Breakfast: WG Oat Square Cereal, Pineapple & Milk</p> <p>Snack: Cucumbers, Carrots, Crackers & Hummus</p> <p>5</p>
<p>Breakfast: WG Cornflakes, Mandarin Oranges & Milk</p> <p>Snack: 100% WW Bread, Turkey Sandwiches</p> <p>8</p>	<p>Breakfast: 100% WW Bread, Hashbrown, Blueberries & Milk</p> <p>Snack: Tomato Soup & Goldfish Crackers</p> <p>9</p>	<p>Breakfast: WG Life Cereal, Tropical Fruit, & Milk</p> <p>Snack: Cheese & Crackers</p> <p>10</p>	<p>Breakfast: Egg Bake with Cheese, Pears & Milk</p> <p>Snack: Banana Sun Butter Wraps (WW)</p> <p>11</p>	<p>Breakfast: WG Corn Flakes Cereal, Mangos & Milk</p> <p>Snack: Graham Crackers & Oranges</p> <p>12</p>
<p>Breakfast: WG Raisin Bran Cereal, Peaches, & Milk</p> <p>Snack: Yogurt & Graham Crackers</p> <p>15</p>	<p>Breakfast: Cinamon Toast (WG), Blueberries, & Milk</p> <p>Snack: String Cheese & WG Crackers</p> <p>16</p>	<p>Breakfast: WG Multi Grain Cheerios Cereal, Pineapple, & Milk</p> <p>Snack: Applesauce & Graham Crackers</p> <p>17</p>	<p>Breakfast: Oatmeal Bars, Cantaloupe, & Milk</p> <p>Snack: Cottage Cheese & Pears</p> <p>18</p>	<p>Breakfast: WG Special K, Mandarin Oranges & Milk</p> <p>Snack: Broccoli & Cauliflower, Wheat Crackers</p> <p>19</p>
<p>Breakfast: WG Raisin Bran Cereal, Peaches, & Milk</p> <p>Snack: Banana & Graham Crackers</p> <p>22</p>	<p>Breakfast: 100% WW Toast, Sausage, Pears & Milk</p> <p>Snack: Crackers & Cucumbers</p> <p>23</p>	<p>Breakfast: WG Multi Grain Cheerios Cereal, Tropical Fruit, & Milk</p> <p>Snack: Pineapple & Graham Crackers</p> <p>24</p>	<p>Breakfast: 100% WW Tortilla, Eggs, & Ham Burrito, Watermelon, & Milk</p> <p>Snack: Turkey & Cheese with Crackers</p> <p>25</p>	<p>Breakfast: WG Special K Cereal, Mandarin Oranges, & Milk</p> <p>Snack: Sun Butter & Graham Crackers</p> <p>26</p>
<p>Breakfast: KIX Cereal, Peaches, & Milk</p> <p>Snack: Apples & Cheese Slices</p> <p>29</p>	<p>Breakfast: 100% WW Bagels, Kiwi & Milk</p> <p>Snack: Yogurt & Graham Crackers</p> <p>30</p>	<p>Breakfast: WG Multi Grain Cheerios Cereal, Bananas & Milk</p> <p>Snack: Sun Butter Sandwiches</p> <p>31</p>		

Nutritional Notes:

- All pastas and bread are 100% Whole Wheat.
- Yogurt contains no more than 23 grams of sugar per 6 oz.
- All cereal served is fortified or contains more than 51% whole grains & no more than 21 grams of sugar per 100 grams.
- Fruits & Cereal are subject to change due to availability.
- WW = Whole Wheat
WG = Whole Grain
- 2 years and older skim milk