



2025 January

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
				1	2	3
Breakfast					Yogurt, Mixed Berries & Milk	WG English Muffin, Bacon, Mandrain Oranges & Milk
Lunch	Closed	Closed	Closed	Closed	WG Spaghetti, Meat Sauce, Apples, Salad & Milk	Chicken, WG Bread, Carrots, & Peaches and Milk
Snack					Cucumbers, Carrots & Crackers	Cottage Cheese & Crackers
	6	7	8	9	10	11
Breakfast	KIX Cereal, Peaches & Milk	Cheerios Cereal, Banana & Milk	WGR Oatmeal, Raisins & Milk	Sausage & Cheese Egg Burritos, Watermelon & Milk	WGR English Muffins, Kiwi & Milk	
Lunch	Chicken, Toast, Cucumber, Apples and Milk	Beef Tacos, WG Corn Tortillas, Bell Peppers & Onion, Clementines and Milk	Cheesy Chicken and Broccoli Rice Bake, Pears and Milk	Fish Tacos on WGR Corn Tortillas, Corn, Mandarin Oranges and Milk	Biscuits & Chicken Pot Pie Filling, Mixed Veggies, Cantaloupe and Milk	
Snack	Raisins & Graham Crackers	Pita, Carrots & Hummus	Apple Nachos	Goldfish & Tomato Soup	Cheese Sticks, & Apple Slices	
	13	14	15	16	17	18
Breakfast	KIX, Peaches & Milk	WW Pancakes, Mixed Berries & Milk	WW Waffles, Apple Pie Slices & Milk	Spinach & Cheddar Frittatas, Clementines & Milk	Oatmeal Muffins, Bananas & Milk	
Lunch	Chicken, Ceaser Salad, WG crutons, Pears, and Milk	Greek Chicken, Pita bread, Cucumber & Totato salad, Clementines and Milk * Mandarin Oranges	Pot Roast, WGR Buns, Sweet Potato Fries, Honeydew and Milk	Roasted Chicken, Rice Pilaf, Asparagus, Peaches and Milk	Tilapia w/ Tartar Sauce, WGR Bread, Green Beans, Pears and Milk	
Snack	Pita Bread, Carrots & Hummus	Cheese Quesadillas WG	Meat & Cheese Roll-ups	WGR Wheat Thins & Cucumbers	Pineapple & Animal Crackers	
	20	21	22	23	24	25
Breakfast		WGR HM Pancakes, Mixed Berries & Milk	WG English Muffins, Kiwi & Milk	Scrambled Eggs, Sausage, Hashbrowns & Milk	WGR Bread w/ Sunbutter/Jelly, Kiwi & Milk	
Lunch	CLOSED	Pizza Penne Bake, Roasted Chicken, Apple Slices, Broccoli and Milk *Softened Apple Slices	Tikka Masala Chicken, WGR Brown Rice, Bell Peppers, Mango and Milk	Corned Beef and Cabage, Roasted Carrots, WW Dinner Roll and Milk	Lemon Basil Chicken, Orzo Pasta, Asparagus, Sliced Grapes and Milk	
Snack		Turkey, Cheese & Crackers	Banana Sunbutter Wraps & Milk	Strawberry Frozen Bites & Oranges	Bean Quesadillas WG	
	27	28	29	30	31	31
Breakfast	KIX, Peaches & Milk	WGR Oatmeal, Raisins & Milk	Sausage & Cheese Egg Burritos, Watermelon & Milk			
Lunch	Chicken Ceaser Salad, Apple Slices, WW Breadsticks and Milk *Softened Apple Slices	Cheesy Chicken and Broccoli Rice Bake, Pears and Milk	Fish Tacos on WGR Corn Tortillas, Corn, Mandarin Oranges and Milk			
Snack	WW Bread & Sunbutter	Apple Nachos	Goldfish & Tomato Soup			

*Milk is served at both Breakfast and Lunch. Whole Milk for children 1-2 years old, Skim Milk for children ages 2-5

* Red Font indicates a toddler or infant alternative

*WG= Whole Grain WW= Whole Wheat HM= Home Made

Meal Patterns and Serving Sizes are posted in each classroom and in the kitchen on the freezer.