



# October 2017 Breakfast & Snack Menu

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <b>Breakfast:</b> WG Cereal, Mandarin Oranges & Milk <b>Snack:</b> Chicken Salad with 100% WW Pasta	3 <b>Breakfast:</b> 100% WW Bread, Hash Browns, Blueberries & Milk <b>Snack:</b> Tomato Soup & Goldfish Crackers	4 <b>Breakfast:</b> WG Cereal, Tropical Fruit & Milk <b>Snack:</b> 100% WW Bread & Cheese Sandwiches	5 <b>Breakfast:</b> Egg Bake with 100% WW Bread & Cheese, Applesauce & Milk <b>Snack:</b> Hummus & Cracker	6 <b>Breakfast:</b> WG Cereal, Mangos & Milk <b>Snack:</b> Grahams & Oranges	7
8	9 <b>Breakfast:</b> WG Cereal, Peaches & Milk <b>Snack:</b> Yogurt & Animal Crackers	10 <b>Breakfast:</b> Oatmeal, Pineapple & Milk <b>Snack:</b> String Cheese & Crackers	11 <b>Breakfast:</b> WG Cereal, Blueberries & Milk <b>Snack:</b> Applesauce & Graham Crackers	12 <b>Breakfast:</b> Multigrain English Muffins, Tropical Fruit & Milk <b>Snack:</b> Hardboiled Eggs & Crackers	13 <b>Breakfast:</b> WG Cereal, Kiwi & Milk <b>Snack:</b> Broccoli & Wheat Crackers	14
15	16 <b>Breakfast:</b> WG Cereal, Mangos & Milk <b>Snack:</b> Bananas & Grahams	17 <b>Breakfast:</b> 100% WW Cheese Toast, Blueberries & Milk <b>Snack:</b> Pretzel Thins & Cucumbers	18 <b>Breakfast:</b> WG Cereal, Pears & Milk <b>Snack:</b> Turkey & Cheese Cubes	19 <b>Breakfast:</b> 100% WW Tortilla, Egg & Cheese Burrito, Watermelon & Milk <b>Snack:</b> Pineapple & Animal Crackers	20 <b>Closed for Staff Inservice Training Day</b>	21
22	23 <b>Breakfast:</b> Cereal, Peaches & Milk <b>Snack:</b> Apples & Cheese Cubes	24 <b>Breakfast:</b> 100% WW Bagels, Kiwi & Milk <b>Snack:</b> Yogurt & Grahams	25 <b>Breakfast:</b> Cereal, Bananas & Milk <b>Snack:</b> 100% WW Bread & Chicken Salad	26 <b>Breakfast:</b> 100% WW Crust Egg Pizza, Applesauce & Milk <b>Snack:</b> Cottage Cheese & Pears	27 <b>Breakfast:</b> Cereal, Pineapple & Milk <b>Snack:</b> Cucumbers, Carrots, & Crackers	28
29	30 <b>Breakfast:</b> Cereal, Mandarin Oranges & Milk <b>Snack:</b> Chicken Salad with 100% WW Pasta	31 <b>Breakfast:</b> 100% WW Bread, Hash Browns, Blueberries & Milk <b>Snack:</b> Tomato Soup & Goldfish Crackers				

\*Fruit Subject to change due to availability

\*WW=Whole Wheat

\*WG=Whole Grain