

~Pre-K~

May was full of healthy eating. As we learned about healthy foods, the children pointed out the healthy choices and all the different food groups we had at breakfast, lunch, and snack. We celebrated several birthdays in May with a lot of yummy treats! This gave us an opportunity to discuss how the occasional treat is okay to eat in moderation. The Pre-K loved making healthy popsicles! They helped cut the fruit, and each child made his or her own popsicle. We also discussed why the popsicles we made were a healthier choice. The class read many books about how and where food grows such as vines, on top of the ground, in the ground, on trees, and bushes. The children could not have been more excited for the Como Zoo! The lions, polar bears, and giraffes topped the list of our favorite animals at the zoo. We also had fun on our field trip to the park. We enjoyed getting exercise and seeing different parts of our community as we walked to the park. We ended our trip to the park with a healthy picnic lunch.

June's theme will bring us to our own backyard as we investigate ponds. We are going to observe and record observations of the pond behind the school. We will bring the pond into our classroom with artwork, water samples, and images of our pond. The Pre-K will learn which animals make the pond their habitat. Science area will have different animals and pictures for the children to learn and explore ponds. We will explore the concept of measurement by having a frog jumping contest! The children will see how far they can jump like a frog, and then use different measuring tools to measure the distance. We will connect back to our unit about maps and our community by looking at an online map of our pond. We will observe the shape of our pond and discover what else is around our pond besides our school.

We will be going to Peppermint Twist on Thursday, June 23rd where we will have fun exploring the park and enjoying a delicious lunch. Please have your child to school by 9:30 so we can be ready for our departure at 10:00.

As we move into warmer weather, we look forward to having water days and bike days. We plan these special days based on the weather. We will inform families at the beginning of the week of any upcoming activities. Please check parent board for updates throughout the summer.

Kindergarten is coming soon! We shared many memories, field trips, games, learning experiences, friendships, and laughs. We have already started to talk about the changes they will experience in Kindergarten. One big change in Kindergarten will be nap time changing to quiet time. The children are elated for no more naps in Kindergarten! To help prepare them for the switch, we are going to gradually give them quiet options on their cots. Naptime will always start with a quiet rest time for thirty minutes followed by quiet choices. Even if children do not sleep, this is a great way to relax and recharge their bodies for the afternoon. If you have concerns about your child's sleeping schedule or having any questions about the change, please discuss questions and concerns with a teacher. We look forward to spending these last few months with the Pre-K before they start their new adventure in Kindergarten!

Love,

Your Pre-K Teachers